

VREC SPRING MENU : week # 4

This Week's Dates:

MAY 20,2012

through

MAY 25,2012

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| DATE>> | 5/20/12 | 5/21/12 | 5/22/12 | 5/23/12 | 5/24/12 | 5/25/12 |
| B R E A K F A S T | | | CHOICE OF FRESH FRUIT OR JUICE CHOICE OF HOT CEREAL SCRAMBLED EGGS SAUSAGE LINKS WHEAT TOAST MARGARINE & JELLY | CHOICE OF FRESH FRUIT OR JUICE CHOICE OF COLD CEREAL BACON MUFFIN | CHOICE OF FRESH FRUIT OR JUICE CHOICE OF HOT CEREAL SCRAMBLED EGGS TURKEY SAUSAGE WHEAT TOAST MARGARINE & JELLY | CHOICE OF FRESH FRUIT OR JUICE CHOICE OF COLD CEREAL BACON HASH BROWN POTATOES |
| | | LOWFAT MILK, COFFEE | LOWFAT MILK, COFFEE | | LOWFAT MILK, COFFEE | LOWFAT MILK, COFFEE |
| L U N C H | MENU SUBJECT TO CHANGE | HEALTHY CHOICE SALAD LO CAL DRESSING GARLICA BREAD MANDARIN ORANGES | POLISH SAUSAGE RED BEANS & RICE BUTTER CABBAGE FRESH FRUIT CORN MUFFIN & MARGARINE | SEASONED CHIX STRIPS RICE PILAF ITALIAN GREEN BEANS SQUASH CASSEROLE YEAST ROLLS CHEESECAKE | BAKED MEAT LOAF WHIPPED POTATOES MUSTARD GREENS OATMEAL COOKIES DINNER ROLL MARGARINE | BAG LUNCH TURKEY SANDWICHES CHIIPS FRUIT |
| | | COFFEE/LEMONADE | COFFEE/LEMONADE | COFFEE/LEMONADE | COFFEE/LEMONADE | COFFEE/LEMONADE |
| D I N N E R | DAILY BREAKFAST CHOICE CEREAL OR FRUIT TUESDAY - FRIDAY | ITALIAN CHIX BREAST SUCCOTASH SUMMER SALAD PUDDING | MINESTRONIE SOUP GRILLED CHEESE FRESH FRUIT ICE CREAM | CORN DOGS BAKED FRIES CARROT STICKS APPLESAUCE | PEPPERONI PIZZA TOSSED SALAD FRESH FRUIT | DAILY LUNCH & DINNER CHOICE CHEF SALADS INSTEAD OF REGULAR LUNCH OR DINNER MONDAY - THURSDAY AT MEAL TIMES |
| | | COFFEE/LEMONADE | COFFEE/LEMONADE | LOW FAT MILK/ TEA COFFEE/LEMONADE | LOW FAT MILK/ TEA COFFEE/LEMONADE | |
| SNACK | | LORNA DOONES | FIG BARS | POPCORN | FRESH FRUIT | |